

Licensed Massage Therapist

Bock, Gretchen A. LMT

License # 15307 Valid Through: 11/30/2023

Status: Active Initial License Date: 2/7/2018

610 Hawthorne Ave SE - STE 220 (503) 365-8657

Salem, OR 97301

Fax: (503) 385-4465

www.oregon.gov/OBMT

This Certifies that

Gretchen Bock

Has successfully completed the required one and a half hour web-based training module,

Changing the Conversation about Pain

11/23/2021 5:44:37 PM

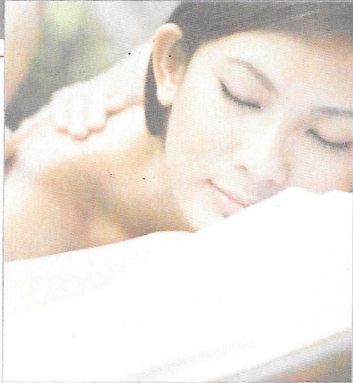
**in accordance with
76th OREGON LEGISLATIVE ASSEMBLY 2011 Regular Session
Oregon Revised Statutes 413.590**

The Oregon Pain Management Commission and the

Oregon Health Authority
Oregon Health Policy and Analytics
OHA Pain Management Program
500 Summer St. NE, E-65
Salem, Oregon 97301



*This nursing continuing professional development activity was approved by Oregon Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
Approved for One and a Half (1.5) NCPD contact hours.*



Certificate of Completion

Gretchen Bock

Ethics for Massage Therapists

Instructor: Sarah B. Davis, LMT

Wednesday, November 20, 2019

4 Continuing Education Contact Hours

OBMT CE Topic 4 hours I: Professional ethics, boundaries, or communication

Instructor's Signature

Sarah B. Davis

East West College Signature

CSJ



**EAST WEST COLLEGE
of the HEALING ARTS**

A Professional School of Massage and Bodywork

1515 SW Fifth Avenue, #400
Portland, Oregon 97201
P: 503.233.6500



Certificate of Completion

Gretchen Bock

Gua Sha Comprehensive Training

Instructor: Carly Samish, LMT, LAc

Sunday, September 8, 2019

8 Continuing Education Contact Hours

OBMT CE Topic 8 hours B: Use of thermal modalities, topical preparations, mechanical assistive, devices/appliances

Instructor's Signature _____

East West College Signature _____

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Portland, Oregon 97201
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Certificate of Completion

Gretchen Bock

Proprioceptive Neuromuscular Facilitation

Instructor: Renee Stenbjorn, LMT, MPA

Sunday, January 26, 2020

8 Continuing Education Contact Hours

OBMT CE Topics 6 hours A: Massage and bodywork techniques, 1 hour C: Stretching and gymnastics that lengthen and shorten soft tissues, 1 hour G: Kinesiology of the human body

Instructor's Signature

Renee Stenbjorn

East West College Signature

[Signature]



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Portland, Oregon 97201
P: 503.233.6500



Certificate of Completion

Gretchen Bock

Cupping for LMTs

Instructor: Carly Samish, LAc, LMT

Sunday, April 8, 2018

4 Continuing Education Contact Hours

OBMT CE Topic: B: Use of thermal modalities, topical preparations, mechanical assistive devices/appliances

Instructor's Signature _____

East West College Signature _____

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of the HEALING ARTS
A Professional School of Massage and Bodywork

525 NE Oregon St. Portland, Oregon 97232
P: 503.233.6500

Certificate *of* Achievement

Associated Bodywork & Massage Professionals is pleased to verify that

Gretchen Bock

State license: OR #15307,

has successfully completed this course:

Fibromyalgia: The Invisible Disease

Associated Bodywork & Massage Professionals

25188 Genesee Trail Road, Suite 200
Golden, CO 80401
www.abmp.com
800-458-2267, expectmore@abmp.com
NCBTMB Provider: ABMP
Provider Number: 451086-09



A handwritten signature in black ink, reading "Kristin Coverly", is positioned above a horizontal line.

Kristin Coverly, ABMP Director of
Professional Education

Home Study Online Webinar
Start Date: Oct 01, 2018
Completion Date: Sep 09, 2021
CE Hours: 1.00
Instructor: Ruth Werner

Certificate *of* Achievement

Associated Bodywork & Massage Professionals is pleased to verify that

Gretchen Bock

State license: OR #15307,

has successfully completed this course:

Cultural Competency for Massage Therapists

Associated Bodywork & Massage Professionals

25188 Genesee Trail Road, Suite 200

Golden, CO 80401

www.abmp.com

800-458-2267, expectmore@abmp.com

NCBTMB Provider: ABMP

Provider Number: 451086-09



Kristin Coverly, ABMP Director of
Professional Education

Home Study Online Webinar

Start Date: Nov 19, 2021

Completion Date: Nov 19, 2021

CE Hours: 1.00

Instructor: Cal Cates, Kerry Jordan

Certificate of Completion



GRETCHEN BOCK

This certifies that the person named
above has successfully completed the
International CPR Institute
Three Hour Course in

Healthcare Provider BLS

CPR/AED - Adult/Child/Infant

Completion Date

January 25, 2022



www.icpri.com

957712



www.icpri.com

Jan/25/2024



GRETCHEN BOCK

This certifies that the person named above has completed the cognitive assessment of the following International CPR Institute course based on the current CPR & ECC standards.

Healthcare Provider BLS
CPR/AED - Adult/Child/Infant

Completion Date: Jan/25/2022

Expiration Date: Jan/25/2024

Cert Num: 957712

Instructor D1317

Cardholder's Signature

Keep this card for your records. Void if reproduced

GRETCHEN BOCK

This certifies that the person named above has completed the cognitive assessment of the following International CPR Institute course based on the current CPR & ECC standards.

Healthcare Provider BLS
CPR/AED - Adult/Child/Infant



Keep this card for your records. Void if reproduced